



Turn by Turn Cue Sheet & Course Description

Cue Sheet

START - on South Rd by Michael Hooker Fields
RIGHT - on Country Club Rd
RIGHT - on Ridge Rd
RIGHT - on Stadium Dr
RIGHT - on South Rd
LEFT - on Country Club Rd
RIGHT - on Gimghoul Rd which becomes Glandon Dr. Continue to follow Glandon Dr around.
LEFT - on Evergreen Ln
RIGHT - on Glandon Dr which becomes Gimghoul Rd
RIGHT - on Country Club Rd which becomes East Cameron Ave
STRAIGHT - across South Columbia St
RIGHT - on Graham St
RIGHT - on West Franklin St
STRAIGHT - across Columbia St onto East Franklin St
RIGHT - on Park Pl
RIGHT - on South Boundary St
LEFT - on Hooper Ln
LEFT - on Battle Ln then stay in the LEFT lane for 1 block until Senlac Rd
LEFT - on Senlac Rd
RIGHT - on Boundary St which merges with Country Club Rd
LEFT - on Raleigh St
LEFT - on South Rd
STRAIGHT - across Country Club Rd which becomes HWY54/Raleigh Rd
RIGHT - into and through the Anderson Softball Stadium complex, exit via greenway trail
RIGHT - on Carmichael St
RIGHT - on Laurel Hill Rd
LEFT - on Country Club Rd
LEFT - on South Rd
LEFT - on Stadium Dr
RIGHT - on Ridge Rd
RIGHT - at Ramshead Parking Deck and through tunnel and towards the Kenan Field House

ENTER KENAN STADIUM and FINISH

Course Description

Mile 1 - Shortly after the race starts on South Rd, you'll take a right onto Country Club Rd and then immediately right again onto Ridge Rd where a gorgeous downhill brings you past the athletic facilities - most notably the Boshamer Baseball Park - turn right onto Stadium Dr and climb back up to campus past the Bell Tower and right again onto South Rd where you'll finish the first mile almost right where you started

Mile 2 - Run towards Gimghoul Circle and you break through into one of the most idyllic neighborhoods in Chapel Hill - running downhill again past gorgeous historic homes and Battle Park Forest to the other side. Back up and through the neighborhood to finish Mile 2.

Mile 3 - Brings you out of Gimghoul and back out onto Country Club Rd toward the heart of Campus, rolling past Playmakers Theater and Forest Theater and ending mile 3 at Cameron Ave.

Mile 4 - A straight shot down Cameron Ave past the Old Well and the Carolina Inn (many other landmarks here) - all the way to Graham St where you turn right and then right again to finish mile 4 on far west end of Franklin St.

Mile 5 - This mile leaves nothing to be desired as you run the length of Downtown past every shop, hotel and restaurant.

Mile 6 - Brings you back to Battle Park via Park Ln and other beautiful neighborhood streets and then down toward South Road via Raleigh St.

Mile 7 - Once more you'll find yourself on South Rd, only this time you get to test your speed down HWY54/Raleigh Rd.

Mile 8 - After a crazy ride downhill you'll zig-zag your way through UNC's Anderson Softball Stadium complex. Now get ready, because Laurel Hill awaits!

Mile 9 - This is the one you trained for - mile 9 brings you up the length of Laurel Hill - which is actually three small steep hills and one long gradual downhill. This is where you pay the price and earn your stadium finish!

Mile 10 - Once on top of Laurel Hill you have a bit more to go to get to the stadium but will find yourself on South Rd once again only going west and toward the finish - past the Bell Tower and down towards the stadium off Ridge Rd. From Ridge Rd you can hear the cheers in the Stadium as you head into the darkness of the underground tunnel from where you'll emerge into full view of the grand stadium. You'll run through the gate and into Kenan Stadium, where you'll cross the finish line of the 3rd Annual Tar Heel 10 Miler! (make sure to look up to see yourself finish on the Jumbotron!).