



www.endurancemag.com/carrboroclassic

Official Race Information

Race Date: Sunday, April 5th at 8:00 AM

Race Location: McDougle Middle School, 900 Old Fayetteville Rd, Carrboro, NC

Race Start Order: (waves of 100-150): LC Duathlon, SS Duathlon, then Wild West 8K

Race Without A Trace!

The Carrboro Classic is a “green” event and it follows the Race Without A Trace initiative. Help us by doing your part. Please do not litter, place trash in trash containers, place recyclables in recycling containers, and offset your carbon emissions. Check out www.endurancemag.com/go-green to learn more!

Race Day Arrival Time: Arrive at McDougle Middle School no later than 6:45 a.m.

Packet Pick-Up:

Saturday, April 4th: 2:30-6:30 PM at the McDougle School Gymnasium. Race Day: 6:00-7:30 AM.

Registration: Available for all 3 races on Saturday. Available ONLY for Wild West 8K on race day.

NOTE: Photo ID is required to pick up your race packet. All relay team members must pick up their own race packet. USAT members are reminded to bring their current USAT membership cards.

NO ID = NO RACE : NO EXCEPTIONS!

Parking:

Available at McDougle Middle School. Please carpool as space is LIMITED! Do not park along Old Fayetteville Road, Hillsborough Road, or on surrounding neighborhood streets.

Restrooms:

The McDougle Middle School will open its restroom facilities to all Carrboro Classic participants starting at 6:00 AM on race day. The restroom facilities are in the gymnasium.

Pre-Race Instructions/Meeting:

A brief meeting will be given at 7:50 a.m. near the starting line. Plan to be there as any last minute instructions will be given and any last minute announcements made.

Timing:

This race will be timed using Chronotrack D-tag transponder timing system. These tags are attached to the race bib, so there is no need for chip pick-up and collection on race day!

Transition Area:

NOTE: You must have your bike and equipment in the transition area before 7:45AM. The transition area will close for check in at 7:45AM. If you arrive after that time, you will not be allowed to place your equipment in the transition area.

The transition area is located in the parking lot at McDougle Middle School.

Find your numbered bike rack and place your bike on the rack, 3 bikes per side. This works best when people alternate sides.

No glass containers inside the transition area.

Keep the TA clean! Place all trash and recyclables in proper containers.

No bike storage the night before the race.

Participants only in transition area.

Only the race participant will be allowed to remove his/her bike from the transition area.

You must mount and dismount your bike at the mount/dismount line at BIKE IN/OUT. Do not ride your bike in the TA.

Bike:

Participants are strongly encouraged to study the course map and drive/ride the bike course before race day.

DECISION POINT: Long Course Duathletes must take a RIGHT and Super Sprint Duathletes must take a LEFT at the intersection of Rocky Ridge Road and Dairyland Road.

No drafting! Draft Marshals will be on the course and drafting rules will be enforced!

All turns will be marked with bold directional signs (with red arrows).

Do not rely solely on volunteers for directions. It is your responsibility to know the course!

Rules:

Hard shell helmets must be worn and must be fastened before leaving the transition area.

Stay to the right to allow faster cyclists to pass on the left.

Bike frame #s that are provided must be attached to the top tube of the bike near the handlebars.

Helmet numbers provided must be affixed to the front of your helmet.

No headphones, earphones or any radio-type devices will be allowed.

Police will be positioned at the appropriate corners to stop traffic.

Volunteers will be at corners wearing orange shirts.

It is ultimately your responsibility to know the course. Try to drive or ride the course prior to the race.

There is a Water Bottle Hand Off near Chestnut Ridge Church Road and Borland Road.

This bike course will be open to traffic – BE ALERT and BE CAREFUL!

Do not litter on the bike course.

Run:

Study the Run Course map and drive the run course before race day.

-Long Course Duathletes will run 2 full loops before and after the bike leg.

-Super Sprint Duathletes will run 1 full loop before the bike leg and a half loop after the bike leg, turning right at the aid station on Quail Roost Drive.

-Wild West 8k runners will run 2 full loops.

The course will be well marked. There will be directional signs and volunteers.

There will be a Run Aid Station at the corner of Quail Roost Rd. and Hillsborough Rd.

Gatorade Endurance Formula and Water will be served.

No headphones, earphones or any radio-type devices will be allowed.

The run course is mostly on road and sidewalks. Residents are aware of the race – however please be careful and alert.

Do not litter on the run course.

Relay Teams:

Runners must tag bikers at their designated bike rack location in the transition area.

Bikers must tag runners at the same location – your designated bike race location in the transition area.

Team members should exchange the timing chip and Velcro band at this point.

Results & Awards:

Awards will be handed out during the post-event award ceremonies. Awards will not be mailed out – if you can't be present to collect your award, please make arrangements to have someone pick it up for you. Be sure to stick around because great giveaways will be provided as well. Official race results will be posted on the event website after the event.